Free Outdoor Yoga Class

SATURDAY, MARCH 5
2:30 to 3:30 p.m.
CCNB Fitness Shelter
NMB Sports Complex

Achieve Balance

Join us at the CCNB Fitness Shelter at the North Myrtle Beach Sports Complex, on Saturday, March 5 from 2:30 to 3:30 p.m., for a complimentary Yoga class taught by CCNB's Maura Utley, an ERYT200 Yoga instructor and certified fitness instructor with over 30 years teaching experience throughout the east coast.

Coastal Carolina National Bank – *your healthy community bank* – cares about you, your fiscal wellness, and the health of our coastal community. It is with great privilege that CCNB supports health and wellness events and organizations throughout the Grand Strand.

Event will be held rain or shine.
Please bring a mat, towel and water bottle.
Open to all levels, ages 10+

For more details visit
myccnb.com

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